

INVESTITURE AND INDUCTION KICK OFF TERM

Dual Ceremonies Celebrate Freshmen and Upper Classmen

By Christina Contessa

The sense of dignity and formality associated with college in general and St. Joseph's College specifically will be in evidence on Monday, September 12 at 4 PM during the annual Freshman Investiture and Honors Induction ceremony.

Long a tradition at St. Joseph's, the Investiture and Induction sets an overall tone for the new semester and brings the entire college community together to formally welcome the members of the Class of 2009.

College President Sister Elizabeth Hill will welcome the assembled group and discuss the academic ideals of the school to firmly establish in the minds of the incoming class, the purpose for them being here and what they can expect from St. Joseph's.

Following Sister Elizabeth's introductory remarks, Sister Margaret Buckley, Academic Dean of the College, will call each freshman to the stage to receive St. Joseph's College pins emblematic of their membership in the St. Joseph's family.

Dressed in academic regalia, the faculty, seated on stage, will observe the new students as they

march into the auditorium of Tuohy Hall, themselves garbed in caps and gowns for the occasion.

Reaction from students who have experienced Investiture in the past is a mixture of 'shock and awe' as they came to understand that college is a very serious business.

"It was actually pretty good," said current junior Robert Marriello. "It basically let us know that the college takes a great interest in us as people," he added.

As for the caps and gowns, Afrodite Konstandakis said, "It felt like graduation all over again."

Following the investiture of the freshman class, S. Margaret, S. Elizabeth, and S. Loretta McGrann, Vice-president for Academic Affairs, will induct the new members of the college's honor societies.

Represented at the Honors Induction will be Sigma Iota Chi, the college's Honor Society for academic achievement and extracurricular involvement, and Delta Epsilon Sigma, the National Collegiate Honor Society.

After the Honors Induction, Sherrie VanArnam, Director of Student Services, will induct the new officers of the Undergraduate Association, the Campus Activi-

ties Board and the Class Representatives. Each member of the student government will be presented with a gold tassel symbolic of their office.

UA President Christina Traverson will then introduce the club presidents of the various campus activities who will begin their terms of office in September.

Following the ceremony, the students and their parents who were also invited to attend, will be feted to a reception in the parlors of Tuohy Hall.

"I thought it was inspiring for the underclassmen to see the success of the upperclassmen," said Francisco Rangel after his investiture.

The nature of the ceremony lends itself to appreciating the difference between high school and college. "I could feel immediately that things would be very different as a college student when I went through investiture," said sophomore Svetlana Medvedeva. "It just felt more serious, as if playtime was over with," she added.

Investiture is the first rite-of-passage for the Class of 2009. As they achieve notable things as students of St. Joseph's College, more will follow.



Faculty Members attend Honors Induction and Investiture

WHERE GIVING IS A TRADITION

By Christina Ament

It becomes apparent to new students as they arrive at St. Joseph's College that this is a place of giving, a place of great generosity. With each passing week of the school year, it becomes clear that reaching out to others is part of the very fabric of the college.

Blood drives, projects for St. Jude's Children's Hospital, workshops whose profits go to AIDS, Fashion Shows for tsunami victims—the list goes on and on of the philanthropic activities run by the student government and various other campus organizations and clubs.

For example, last spring's Mall Walk for Autism which took place on April 28 shows the generosity of the entire SJC community.

Organized by the Office of Student Services and the student government, the walk was designed to raise awareness about autism and donate funds to research.

Participants solicited pledges from sponsors and bracelets and magnets were also sold to raise funds. All proceeds went to the Autism Re-

search Institute.

"We made April Health and Wellness Month," said Jaime Vacca, Assistant to Sherrie VanArnam, Director of Student Services. "I had an idea to do a walking group but Sherri had the idea to do it to raise money for autism. Christine Tobin suggested doing it for autism because her nephew is autistic," she added.

Since April is National Autism Awareness Month, the mall walk dovetailed nicely with the work of groups throughout the country who were also raising money for autism research.

The project is only one example of the many different opportunities SJC students have to reach out to their community, their nation and other countries in the world that need assistance.

Thousands of dollars are raised each year on the Brooklyn campus for organizations, foundations and other groups that need assistance from the type of giving students that seem to gravitate to St. Joseph's College.

Information on these projects is available in Room 101, Tuohy Hall.

CAMPUS IMPROVEMENTS READY FOR CLASS OF 2009

By Adam Mace

It turned out to be another banner year for the Admissions Department as 140 new freshmen and 35 transfer students were recruited to swell the ranks of the St. Joseph's College Brooklyn campus.

Following on the heels of the Class of 2008 which saw 135 freshmen and 18 transfer students start at SJC, the new class brings the total college enrollment very close to 600 students, the largest number in the past 25 years.

The college's "Watch What Happens" advertising campaign won first place in the 20th Annual Admissions Advertising Awards competition and it has succeeded in bringing SJC both national recognition and a reputation amongst area high school students as a small school that prepares its students superbly in many different majors.

"St. Joe's is getting a reputation as the place to come to as an alternative to the much larger New York City schools" said St. Joe's alumnus and new Admissions Counselor Janine Farraj.

One of the reasons for this recog-

nition is the fact that St. Joseph's College is a "work in progress," a constantly evolving institution that reinvents itself according to the needs of its students and to keep up with the latest technological advances.

For example, for those members of the Class of 2009 who toured the campus in the spring, they will find a number of significant changes that took place over the summer.

The cafeteria has been enlarged by almost 60 seats to accommodate the increased student population. This was effected by eliminating the 'fishbowl' and putting in new dining booths.

The bookstore has also been enlarged by breaking down a wall in the library and consolidating some of the stacks to make additional retail sales and storage room.

The classrooms in St. Angela Hall have been converted to 'smart classrooms' thanks to a \$400,000 grant that the college received through the Omnibus Appropriations Bill of 2004.

Another grant of \$25,000 from Con Edison will enable the college to upgrade the biology labs on the Brooklyn campus.

Of necessity, with more students, parking facilities will have to be expanded and the administration was exploring the pros and cons of double-decker parking ramps in the student parking lot on Vanderbilt Avenue.

Student life for the Class of 2009 will be different as well, with a host of new activities added to the already large number of existing clubs and events.

The 2004 school year saw the revival of both the college newspaper and the college yearbook. For 2005, it is anticipated that two new publications will be added to that list: a literary journal consisting of student poetry and short stories, and a journal of legal studies.

Last year saw the birth of the Fashion Club, the Philosophy Club, the Choral Society and the Jazz Ensemble. Even a club like Knight Moves, which was originally the chess club, changed its name to the Games Club.

There is a surge of new activity on the SJC Brooklyn campus and the Class of 2009 will hopefully find itself caught up in the excitement on Day 1 of the term.



Participants in the Mall Walk for Autism Research

EDITORIAL

LEARN THE WAY IT IS – QUICKLY!

To many students, September means yet another year traveling through the endless tunnel that is undergraduate education. Even juniors are appalled at the notion that though they are in their third year of college, they still have another 60+ credits to go before they earn their bachelor's degree.

But for the incoming freshman, September can mean something completely different: new experiences, new friendships, setting out on the road to a career or profession. Indeed, college is all that—but there are certain *caveats* that all students must be aware of, but most especially members of the incoming Class of 2009.

No doubt freshmen have heard these things from college advisers in high school, or at orientation, or from friends or relatives already in college; but make no mistake about it—this is very different, and different in more ways than can at first be imagined.

To begin with, the undergraduate workload cannot be compared to anything the high school student has experienced, even for those who took multiple AP courses as seniors. The work starts day one, the reading lists can be enormous, the examinations are formidable, and professors and instructors will make intellectual demands upon freshmen that they could never have imagined in the relative security that high school affords.

One of the bugaboos that leads to the downfall of many freshmen is, of all things, freedom. No one checks your notebooks here. No one sends in cutting cards if you skip a class. No one calls mom or dad to invite them to a parent-teacher conference. There are no deans patrolling the game room to make sure you are not playing video games when you should be in class. You will have to learn to be responsible and handle the freedom that comes with being a college student.

Naturally, you are not on your own. Help is available from your teachers, from the Peer Counseling program and from other on-campus guidance apparatus. They will help you in what ways they can to adjust and make the transition from high school student to collegian. But don't expect anyone to go to bat for you with a professor. *You* must prove yourself in the classroom. *You* must demonstrate your skill and knowledge on examinations and term papers.

All the silliness of high school education such as Critical Lens Essays in English are now a thing of the past. This is the 'real deal'—and you need to understand that what you do on Day 1 at St. Joseph's can have a profound effect upon your future.

Ruin your first semester in school with poor grades and dreams of medical school, law school, clinical psychology programs and any other form of graduate school can rapidly fade into the sad realm of impossibility.

Rather, the hard work and dedication to scholarly ideals must *begin* on Day 1 of your college career. Under no circumstances must you carry over your high school study habits to college. Things like studying the night before examinations, doing papers at the last minute, beginning your study regimen on the bus ride to school—all these must now come to an end. Remember that phrase, the 'real deal,' for indeed, that's what college is.

Perhaps you remember saying countless times throughout your high school career, "I have no studying to do" or "I have no homework."

No such thing. There should *never* be a time when a diligent college student has *nothing* to study. This is not high school where your teachers gave you homework assignments each night. Your assignment might simply be to read several chapters. Procrastinate about getting that reading done, and you will very quickly find yourself swamped by the work load.

By all means have fun. Join activities, make new friends enjoy the freedom that college affords. But remember, it's about the books. It's about studying *each and every* night of the school year. It's about rereading your notes on a daily basis to keep the facts and concepts fresh in your minds. It's about understanding that Sunday is in fact a school night. You have no divine right not to study on Sundays for Monday classes.

So welcome back, and welcome to the Class of 2009. Forget everything you ever saw in *Animal House*. It isn't about keg parties and fraternity rites of passage. It's about building your future from the get-go.

Now hit the books and get to work!



Talking Points

By Christina Contessa

IT'S TIME WE THOUGHT A BIT ABOUT HEROES

Welcome back to school! Allow me to introduce myself: I'm Christina Contessa and I am the Op-Ed columnist for *The Spirit*. In each edition of the paper, I will muse on a variety of subjects that I think impact upon all of us, especially as students at St. Joseph's College.

I would like to take this time to welcome the Class of 2009 and I would also like to dedicate this column to them.

Every time we open a magazine, there are a different people that appeal to us: either someone who is advertising a soft drink, someone who designs a shoe and plays basketball extremely well, or just someone who plays a fictional character on television.

These individuals have given a new meaning to a word familiar to all of us: 'hero.'

By definition, a hero is a person admired for his or her achievements and noble qualities. But when the typical person thinks of a hero, they think of someone like Michael Jordan or Camello Anthony.

We tend not to think of ordinary people who do extraordinary things as heroes. These people get little credit or recognition for the things that they do.

It makes me angry to think about who Americans idolize. In fact, it

astonishes me. I do not understand why people who are simply in the limelight are our heroes because they have a shoe line named for them, or because they are in the newspapers every week.

Are we really supposed to admire them? Are they really our role models? Can anyone tell me why Paris Hilton should be anyone's role model?

My advice to every single one of you is to think about who and what a true hero is. If you can't come up with any, think about someone that you would not normally associate with heroism and select some characteristics of theirs that you admire.

Perhaps once you have done that, you will come to understand that *these* are the people who are heroic, not some blonde bimbo that still thinks that you can buy walls at Wal-Mart.

Let me give you an example of a real hero: the late Pope John Paul II. During his 84 year lifetime, he faced numerous adversities in his country. He helped bring down Communism in Poland and throughout Europe. He helped to bring the Eastern Rite Church and the Roman Catholic Church together.

He dodged death twice, once when he was the victim of a would-be assassin's gun and another time when as a child, he was hit by a

moving vehicle.

He reached out to people of different faiths, different political viewpoints and nations in an attempt to bring the world together in peace.

He connected with youth with the same facility as he did with the elderly and people of all ages in between.

He had the courage of his convictions, sticking to dogmatic positions which were not always popular in every part of the world and throughout the Roman Catholic Faith. But he stuck to them—because he *believed* in those principles.

Unlike so many hypocrites in the world today, here was a man who lived as he believed.

And yet, he made no money from endorsements; he didn't grace the covers of *Esquire* and *People* magazine regularly. No designer clothes lines were named for him, and he didn't do radio and TV spots for Toyotas.

No, not the kind of man we would think of as a hero. But compared to all those in our culture who have become icons—maybe we should think of him that way. Maybe we should reevaluate what a real hero is and realize that it's not solely about fame and money.

It's about being someone who matters, who makes a difference, who lives life with grace, honor and dignity.

SENIORS!
SIGN UP FOR YOUR
SENIOR PORTRAITS
ROOM 101, TUOHY HALL
YOU MUST SIGN UP
FOR BOTH FORMAL
AND INFORMAL SHOTS!

THE SPIRIT

St. Joseph's College
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The Spirit encourages letters to the editor concerning editorials, articles, and policy. Letters can be left in Dr. Weiner's mailbox.

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Editors Adam Mace and Chrissy Ament Hone Interviewing Skills

STUDENT GOVERNMENT 2005-2006

Here are the names of the officers of the student government of St. Joseph's College. They are headquartered in Room 101 of Tuohy Hall in the Office of Student Services. Do you have a suggestion or an idea you'd like to discuss with an officer? Come by '101' and speak right up.

UNDERGRADUATE ASSOCIATION

U.A. President—Christina Traverson
U.A. Vice President—Christopher Burke
U.A. Secretary—Willow Figueroa
U.A. Treasurer—Natalie Fascianella

CAMPUS ACTIVITIES BOARD

C.A.B. Program Director—Laurie Hartwig
C.A.B. Assistant Program Director—Diana Harvey
C.A.B. Events Coordinator—Adam Mace
C.A.B. Publicity/Financial Coordinator—Andrea Rosado

*C.A.B. Special Events Coordinator—Christina Ament

*Appointed position

CLASS REPRESENTATIVES

Senior Class Representative—Temesha Charles
Junior Class Representatives—Alex Podushko/Gurjit Singh
Sophomore Class Representatives—Mike Barthelmy
Schaeffer Charles
Freshman Representative—To Be Elected

Publication Staffs Ready to Reload for New Year

New Reporters and Editors Sought for Newspaper and Yearbook

By Janine Farraj

The paper you are now reading is coming to you as the result of a great deal of hard work from a small but dedicated staff of *The Spirit*, St. Joseph's student newspaper.

Similarly, the copy of *Footprints 2005*, the St. Joseph's College yearbook that you perused at orientation, was produced by an even smaller staff.

Both publications have been entered into national journalism competitions and the editors are optimistic about their chances of success in the adjudications.

Now, the staffs of both the newspaper and the yearbook are looking for a group of dedicated students to join their ranks so the publications can be expanded and improved.

Writers, photographers, editors, columnists, artists—anyone with any kind of talent or the willingness to learn is invited to come to Room 607 of St. Angela Hall and meet with Dr. Howard Weiner, Director of Student Publications at St. Joseph's.

Dr. Weiner is entering his second year on staff after a 35 year career as a New York City high school English Teacher.

"I enjoyed my first year at St. Joe's tremendously," says Dr. Weiner, "and I think we put out publications that the school and the staff can be very proud of," he added.

Starting a journalism program from scratch was not without its difficulties. "Not knowing any students

through classroom situations made it tough to attract people to publications," said Dr. Weiner.

However, Journalism is being offered as an English elective for the fall semester and he hopes that the class members will stay with the staff after the class concludes.

The editors-in-chief of *The Spirit* are Christina Ament and Adam Mace, who were the paper's editors as freshmen and have returned to pick up their duties for another year.

The editors-in-chief of *Footprints 2006* are senior GraceMarie Varone and sophomore Christina Contessa.

Both publications face similar challenges for the 2005-2006 school year.

"We were able to put out five papers last year," said Christina Ament, "and this year we will aim for six, but we can only do that if we have willing reporters who will go out and bring back the stories so we can meet our deadlines," she added.

Also returning as photography editor for both the newspaper and yearbook is sophomore Svetlana Medvedeva. "I enjoyed taking pictures for last year's publications, especially when I saw what they looked like in print, but honestly, I could use some help since we have many events here and it's hard for one person to cover them all."

Almost all the photography in the yearbook is digital and a high quality digital camera is available to publica-

tions photographers to use at events.

"No student ever incurs any expenses for taking pictures," said Dr. Weiner. "We provide all our photographers with everything that they need," he added.

Music columnist John Castaldo is also returning for his second tour of duty with the newspaper. "Writing a column for *The Spirit* lets me talk about the kinds of things that interest me. I feel I have something to say and I like it when I get feedback from my classmates about what I have written," he said.

Dr. Weiner stresses the fact that a student does not have to take journalism as a course in order to write for the paper. "I will train anyone who is interested in learning the fundamentals of journalism so that they can be a part of our staff," he said.

As publications adviser, Dr. Weiner is hoping to see the creation of at least two new publications this year: a poetry journal and a journal of legal studies. Preliminary exploratory steps were taken in that direction in the spring and he expects a spring publication for both journals.

Dr. Weiner is available Mondays through Thursdays to speak to any student about joining the yearbook or newspaper staff in Room 607 of St. Angela Hall.

"We can do great things here if the students will get on board and be a part of our publications," said Dr. Weiner.

Information Sources Abound on Campus

By John Castaldo

It's the first week of school and naturally, you're nervous. You have a lot of free time, a lot of work, and no clue where to go for information about what's happening at SJC.

Let not your heart be troubled! There are plenty of ways to find out about campus services and activities.

Fortunately, St. Joseph's is a small college and there are basically only three buildings that you will have classes in: Tuohy Hall (also known as the 245 Building), St. Angela Hall (the campus' version of Ultima Thule), and McEntegart Hall (the library).

There is also St. Joseph's Hall (the 256 Building) where most of the department offices are located as well as the St. Joseph's alumni association and the Office of Institutional Advancement.

In order to get into any building, you will need to show your ID card. ID cards may be obtained from the Office of Student Services located in Tuohy Hall.

Student planners can also be purchased at the Office of Student Service and Sherrie VanArman, Director of Student Services, has her office in Room 102.

Students may also purchase parking tags, event tickets, access the lost and found, find out information about off-campus housing, file acci-

dent reports, and get schedules for events and club meetings here.

The Athletic Office is located in the gym of Tuohy Hall and at that office, students can get information about the various varsity teams and their game schedules.

The Business Office is also located on the first floor of Tuohy Hall. In this office, students can pay their bills, endorse loan check, apply for refunds and inquire about the status of their accounts.

Should a student feel the need to be counseled, he or she may go to the Office of Counseling and Career Services located on the second floor of Tuohy Hall. Here, students can receive personal, career and academic counseling, graduate school information, grant information and career information. The office has a bulleting board on the first floor of Tuohy Hall which lists available employment opportunities.

In the Registrar's Office, located in Room 201 of Tuohy Hall, students may file transcript requests, find out about course scheduling, withdraw from courses, drop or add courses and obtain any other academic forms. These include declaration of major forms.

Those who may need assistance with the English language may go to the ACES Center, located in St. Angela Hall and see Dr. Sydelle Brooks.

The ACES program provides support for qualified students whose second language is English and who need to improve their academic reading and writing skills.

One tip for both new and old students: keep your eyes open! There are bulletin boards prominently placed all throughout the college. Flyers advertising meetings, clubs, upcoming activities, sports events and other newsworthy things are always posted almost daily.

Everything from apartments for rent to used books to social gatherings are posted on bulletin boards. An amazing number of events happen on campus during a typical school year and a good way to keep up with the crowded schedule is to check out the bulletin boards once a day.

Monthly schedules of events on campus are also available to all students and of course, *The Spirit* will have major news articles on the things that are upcoming at SJC.

Most of all—ask questions! There is no reason for any student, new, old, transfer, to walk around the campus in a daze. There are many sources of information at St. Joseph's and many people who are willing to help answer questions.

Take advantage of these information sources and the term will prove to run much smoother.



Watch the Bulletin Boards for the Latest News

Ambassadors Club Serves Entire SJC Community

By Robert Marriello

To students who have been at St. Joseph's for even a few weeks, the Student Ambassadors Club is known as one of the cornerstones of campus extracurriculars.

For incoming freshmen, it is virtually the first club that they are exposed to as they begin their careers at St. Joseph's College.

The Student Ambassadors run most of the events that students attend before they even become a part of the SJC family. These include Open Houses, where students are given tours of the campus, the Scholarship Brunch where incoming freshmen receive their scholarships, and Trivia Challenge, where the best and brightest area high school students compete for large cash prizes in a test of knowledge.

Last year, under the presidency of Janine Farraj '05, the Student Am-

bassadors Club was named the Best Club on Campus. New club president Kimberly Cresente hopes to continue that tradition.

"I got involved in the Ambassadors during my freshman year and I found that it helped me meet a lot of new people and make friends," said Kimberly.

The other officers of the club include Vice-president Gurjit Singh, Secretary Mary Goodwin, Treasurer Natalie Fascianella and Senate Representative Rose Paul.

In addition to serving at college functions for incoming freshmen, last year the Student Ambassadors ran a common hour Karaoke which was heavily attended. Proceeds from the event went to the Tsunami Relief Fund for the victims of the December tsunami that ravaged many nations in Asia.

The Ambassadors also sponsored a trip to a comedy club which was held in November of 2004, so the club busies itself with a wide variety of events on and off campus.

"I'm really glad that I have been given the opportunity to be president this year," said Kimberly Cresente. "I had a lot of fun with the Ambassadors last year and I want to keep the club as successful as it has been," she added.

While maintaining the club's busy schedule of service activities, she says, "I want to work a little more this year on fun activities for the club that members can do together."

Student Ambassadors is but one of numerous clubs that are in operation at SJC during the school year. Incoming and returning students alike are welcome to join the group and be a part of one of the key service organizations on campus.

COLLEGE KNOWLEDGE

So what do you know? Try this quiz of general knowledge (without Googling!!) And if you are the first to get all the answers correct, you will win a \$25 gift card to Best Buy. Just bring your answers to Room 607 St. Angela Hall. Congratulations to last month's winner, Kaitlin Parker.

1. What former NFL placekicking star was nicknamed "The Toe?"
2. What was Wolfgang Amadeus Mozart's first name?
3. To what literary genre to *The Dunciad*, *MacFlecknoe* and *The Rape of the Lock* belong? Hint: NOT satire.
4. How did Staten Island's Outerbridge Crossing get its name?
5. What is the name of the Green Knight in *Sir Gawain and the Green Knight*?
6. Japan built the two largest battleships ever to sail. One was the Yamato. Name its sister ship.
7. What is the more familiar name of Rebecca Rolfe?
8. Where can one find the original of the melody used in Walt Disney's *Sleeping Beauty* in the song, "Once Upon a Dream?"
9. Who was Jacques DeMolay?
10. Edgar Allan Poe married his 13 year old cousin who later died of tuberculosis. Name her.
11. Where are the Isles of Langerhans?
12. Who drew the famous cartoon, "The Tweed Ring?" Hint: He also created the symbols for the Republican and Democratic Party.
13. Who was the keynote speaker when Lincoln delivered his Gettysburg Address?
14. What are the three smallest bones in the human body?
15. Who proposed declaring independence at the Continental Congress?
16. Who painted "The Garden of Earthly Delights?"
17. Name the group from its members: Kenny Rogers, Barry McGuire, Randy Sparks.
18. What American Naval hero said, "You may fire when ready, Gridley?"

Chapel Players: Where You Don't Have to be Yourself

By Adam Mace

If, as the poet suggests, all the world's a stage, than a portion of that stage can be found right here at St. Joseph's College, because like many other schools, SJC has its own resident theatrical company: The Chapel Players.

Named for the chapel located directly behind the stage in the auditorium of Tuohy Hall, the Chapel Players offers opportunities students to display their acting talents in several productions throughout the school year.

It is yet another way that students can explore and expand their abilities while making friends and meeting others who share an interest in the theatre arts.

During the 2004-2005 school year, the Chapel Players staged two major productions: *All in the Timing* was a suite of one act comic plays that hit the boards in the fall. *Lend Me a Tenor*, also a comedy, was the major spring production.

Sandwiched in between these full-scale plays, the Chapel Players presented an acting workshop entitled "Chapel Players Steals Christmas" in December.

The workshop was a fundraiser and the proceeds went to an organization called Broadway Cares/Equity

Fights AIDS.

For the 2005-2006 school year, the group is once again planning to stage two major productions and at this time, though a fall show has not yet been selected, there is once again talk of presenting a musical in the spring if sufficient numbers of students come out for auditions.

The tentative dates for the fall show are November 10-12, subject to final approval by the school's calendar committee.

The size of the company grew last year as 10 new students joined the cast and crew. There are already predictions that the incoming class contains quite a number of experienced performers who may opt to join Chapel Players.

The officers of the Chapel Players are president Christina Traverson, vice president Tom Brown, secretary Adam Mace, and treasurer Andrea Rosado. The senate representative for the group is Emily McManus.

The director of Chapel Players is Tom Hoefner and the moderator is Jaime Vacca, Assistant Director of Student Services, both of whom are alumni of SJC.

Any student interested in joining Chapel Players should come to Room 101 of Touhy Hall to obtain information about upcoming productions.



THE GAMESMAN

by ROBERT MARRIELLO

THE SCOOP ON TRADING CARD GAMES

In today's world, video games are not the only games people play. Some play board games such as *Monopoly* and chess; some play role playing games such as *Dungeons and Dragons* and some play trading card games.

For those who don't know what a trading card game is, it's generally a card game where instead of buying a deck of cards to play, you buy packs of cards and put cards together to make a deck of your own.

There are many trading card games or TCGs as most players call them, so covering all of them would be impossible. So I will cover the main three or as I call them, the "Card Game Trinity" which consists of *Magic: The Gathering*, *Yu-gi-oh!* and *Pokemon*.

Magic: The Gathering is one of the oldest TCGs, having its origins in the 1970s and 1980s. It is also one of the more popular and difficult of the TCGs.

The game works on a system of building a deck around monsters (your fighters), spells (your equipment), and your mana (your energy). A player may play certain cards, but all cards have mana costs which if you have enough mana, can be brought out.

The player's main focus in this game is to do damage to your opponent until his health count equals 0.

As I said earlier, this is one of the more difficult TCGs because the rules for this game are constantly changing for the new series of cards that are made about every two weeks. Generally, you wouldn't start off playing this game unless you are a fast learner.

A second, somewhat newer card game, for more intermediate players is *Yu-gi-oh!* The game works around a similar concept as *Magic*. There are monster cards and spell cards, but in this game, instead of

having mana to pay for things, players have a type of card known as a trap card which is used to protect yourself.

The rules are a bit simpler, and instead of requiring mana to bring out certain monsters, monster of low levels are brought out instantly and high level monsters are brought out by getting rid of lower level monsters on your field.

Like *Magic*, you have to bring your opponent's health to 0.

Also, the cards for this game are released about once every other month and the rules have stayed the same since its beginning. The only major changes concern how some of the cards' effects are used.

Although simpler than *Magic*, it will still take some time to get used to playing.

Last and probably least is *Pokemon*, the trading card game based on the anime show with all those cute little characters. This is a game for beginners designed to draw younger players into watching the show.

Unlike *Magic* or *Yu-gi-oh!* it works off a system of prizes, or cards that you put over in a side area every time you destroy an opponent's monster. The first person to get all the prizes wins the game.

This game has the least amount of cards being issued. When a new monster is introduced on the TV show, a new card is brought out.

Also, with its simplicity of rules, most people our age would master the game in under an hour and give up on it in a day.

There are many more TCGs out there, but these three seem to be the ones that players gravitate to more.

The proof will be in the playing: try them out and see how you like them. Give us some feedback and let us know which games are your favorites.

Beat the Rush at College Bookstore

By Svetlana Medvedeva

Amazon.com and Barnes and Noble.com are convenient ways to order books for classes at SJC. Both have vast resources at their disposal and access to an enormous number of texts. But why bother?

Usually, any textbook a student needs can be found in the SJC Bookstore located next to the cafeteria in the Library (Mc Entegart Hall).

Each spring, professors and instructors are asked to fill out a book order form for the fall semester. These books are ordered by the store and are shelved according to course name and number and the name of the instructor.

Usually, sufficient quantities of books are ordered to cover the number of students who have registered for a particular course.

Sometimes, used textbooks are available as well as new ones, and signs are also posted on bulletin boards by individuals who are interested in selling the books they used in completed courses.

The bookstore also carries a number of popular magazines which are of interest to students.

As incoming students walk from class to class, they will see students in SJC shirts or jackets carrying SJC bookbags and other paraphernalia bearing the SJC logo. These items are also available for sale in the bookstore.

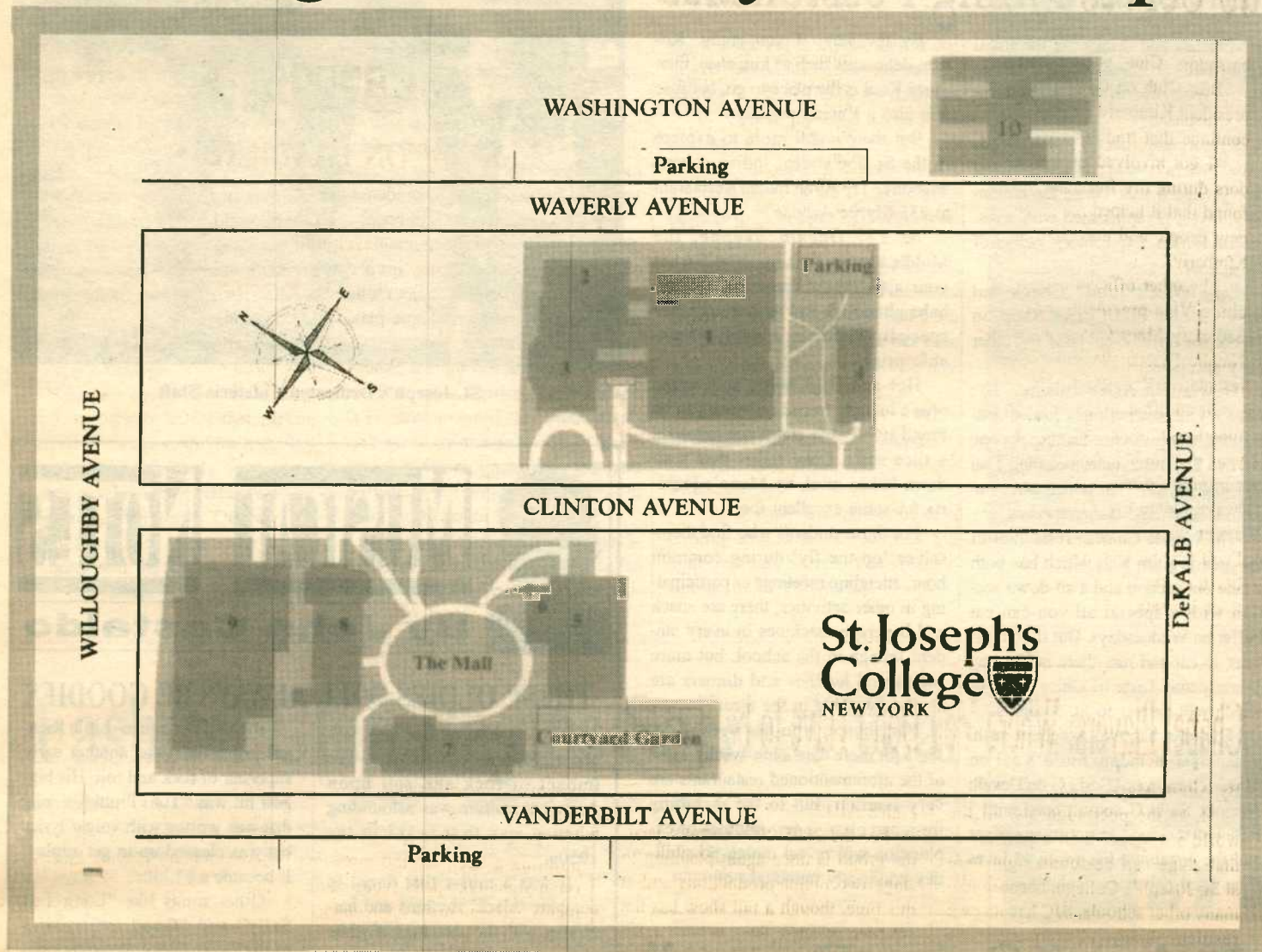
School supplies, snacks and other sundries make up the rest of the stock in the store.

The trick is to get to the bookstore early, buy the books required for a course—and start studying immediately.



The College Bookstore Before Expansion

Finding Your Way on Campus



LEGEND

- | | | |
|------------------------------------|---------------------------------|-------------------------|
| 1. Tuohy Hall (S. Vincent/Therese) | English Department Office | Chapel |
| Administrative Offices | Meeting Rooms | Classrooms |
| Alumni Room | | College Book Store |
| Art Studio | 5. St. Joseph's Hall ("256") | Computer Laboratories |
| Auditorium | Alumni Office | Department Offices |
| Business Office | Courtyard Garden | Accounting |
| Chemistry Laboratories | Institutional Advancement | Business Administration |
| Classrooms | Department Offices | Economics |
| Game Room | History | Speech |
| Gymnasium/Exercise Area | Modern Languages | Faculty Study |
| Physics Laboratories | Psychology/Psychology | Library |
| Student Government Offices | Laboratory | Student Lounge |
| Student Publications Office | Religious Studies | Videoconference Room |
| | Social Sciences | |
| 2. Biology Laboratories | | |
| Student Lounges | 6. Thomas E. Molloy Memorial | 10. St. Angela Hall |
| | Outdoor Stage | ACES Program |
| 3. Burns Hall ("245") | | Art Studio |
| Board Room | 7. Dillon Child Study Center | Auditorium |
| Chapel | Child Study Dept Offices | Campus Ministry |
| Faculty Residence | Library, Observation Rooms | Classrooms |
| Formal Dining Room | Preschool Rooms | Education Department |
| Parlors | Testing & Speech Offices | Mathematics Department |
| | | Philosophy Department |
| 4. Lorenzo Hall | 8. Founders Hall (FacResidence) | Meeting Room |
| School of Adult & | | Student Lounge |
| Professional Education | 9. McEntegart Hall-Library | Videoconference Room |
| Administrative Offices | Cafeteria | Student Publications |

THIS DAY IN HISTORY

September is a big month as students begin or continue their college careers. Compare *this* September to others that have preceded it:

222 Years Ago:

September 3, 1783

The Treaty of Paris is signed ending the American Revolution.

139 Years Ago:

September 21, 1866

H.G. Wells, author of *The Time Machine*, *The War of the Worlds* and *The Invisible Man* is born.

66 Years Ago:

September 1, 1939

Germany invades Poland. Two days later, Britain and France declare war on Germany, starting World War II.

60 Years Ago:

September 1, 1945

Japan Surrenders to the Allies onboard the USS Missouri, ending the war in the Pacific and WWII.

48 Years Ago:

September 26, 1957

Leonard Bernstein's *West Side Story* opens on Broadway.

40 Years Ago:

September 13, 1965

Jazz Great Louis Armstrong wins the Best Male Vocalist Grammy for "Hello Dolly."

29 Years Ago:

September 9, 1976

Mao Zedong, Communist leader of China, who overthrew the Nationalist government in 1949, dies.

16 Years Ago:

September 22, 1989

Irving Berlin, the most prolific American songwriter, with hits like "Blue Skies" and "Puttin' on the Ritz" dies.

9 Years Ago:

September 7, 1996

Rapper Tupac Shakur is shot in Las Vegas, Nevada and dies a few days later.

4 Years Ago:

September 11, 2001

The World Trade Center and the Pentagon are attacked by aircraft manned by terrorists, the worst attack by terrorists on American soil.

SENIOR PHOTOS

By Christina Contessa

Seniors who want to be in *Footsteps 2006* must be aware of the following important dates: Tuesday and Thursday, September 20 and 22, and Wednesday, September 28.

On those days, the photographers from Thornton Studios will be on campus to photograph the members of the Class of 2006 for the yearbook.

Each senior will get 1/2 a page in the book and they will be asked to fill out a form giving information about themselves that they want printed in the book. These forms are also available in Room 607 of St. Angela Hall.

The Seniors will be photographed twice; one will be a formal portrait in cap, gown and hood taken in the parlors of Tuohy Hall. The other will be an informal shot taken on the mall outside of Dillon Hall.

Any questions should be brought to Dr. Howard Weiner in the Publications Hall, 607, St. Angela.

By most standards, the campus of St. Joseph's College is a small one, but that doesn't mean that it isn't easy to get lost or not know where to find a particular office or service.

Take a good look at the map and legend printed above. It is reprinted from the 2004 St. Joseph's College

Catalogue—that publication that most students dispose of shortly after they receive their acceptance letter, not realizing how valuable it is.

Instead of carrying around the catalogue along with all the other textbooks needed for classes, keep this map with you. It just may come in

handy and it gives a good overview of where every major department office, lab, computer room and other college services are located.

Most of the activities and classes on campus take place in Tuohy Hall. Should the expression '245' come up in conversation, this is just another name

for Tuohy, and it comes from the building's address—245 Clinton Avenue.

Each building has metallic signs either in the ground in front of the building or affixed directly to the building's facade. There are also brightly colored blue and yellow flags in front of each building belonging to the college.

Area Offers Numerous Dining Possibilities

By Svetlana Medvedeva

A college student's day can be a long one. Though for many students, careful scheduling may permit them to attend school on only two or three days of the week, still, by noontime, the stomach throbs and the mind turns towards lunch.

Fortunately for St. Joseph's students, there are numerous places where they can go to eat or take food out to bring it back to campus.

Starting on the campus itself, the St. Joseph's cafeteria located in the library (McEntegart Hall) is a full service cafeteria which serves hot and cold meals, breakfasts, wraps, snacks, desserts and beverages.

The hard-working staff of the cafeteria takes pride in its food preparation and the lunch specials are both tasty and inexpensive—and, there's plenty of food on a platter!

For virtually every common hour activity in the auditorium of Tuohy Hall, lunch is served. It's buffet style and it often is catered by local area restaurants such as Graziela's. It's free and it's all you can eat, plus, the activities that accompany the meal are fascinating and entertaining.

Moving off the campus, there are nearby delicatessens such as the Myrtle Express on Myrtle Avenue and the Campus Deli on Dekalb Avenue.

Sandwiches and drinks are the usual bill-of-fare at these shops with the entire spectrum of lunch meats at one's disposal.

Venturing further off campus leads a student to a bonanza of international dining experiences. Name the nationality, and it is represented with a restaurant within a five block radius of the school.

Like Greek food? Check out John's Donut and Coffee Shop on Myrtle for Gyros, Souvlakis and other tasty specialties.

How about Asian cuisine? The Clinton Hill area is simply loaded with choices. Myrtle Avenue features not one but two Thai restaurants including Thai 101 and Myrtle Thai which offer numerous lunch and dinner specials.

The largest Chinese restaurant in the area is Kum Kau which has both a take out section and a sit-down section with a special all-you-can eat buffet on Wednesdays. But if you just want to eat and run, there is Yummy Yummy and Taste of China, both of which will deliver to St. Joseph's.

The area has two excellent sushi restaurants including Sushi Kool on Myrtle Avenue and Sushi G on Dekalb Avenue. Sushi G doesn't open until 5 PM, but the food is gourmet caliber and the restaurant has received raves from local newspaper columnists.

By the way, if you enjoy Korean delicacies such as kim chee, then Sushi Kool is the place to go, because it is also a Korean restaurant.

But there's still more to explore in the St. Joe's area. Indian cuisine anybody? Try Amin Indian Restaurant at 235 Myrtle Avenue.

At 271 Dekalb Avenue, the Middle Eastern Restaurant will whet your appetite for hummus, falafel, baba ghanoush and numerous other specialty dishes at a very reasonable price.

Hot and cold heros and wraps plus a lo-carb, lo-calorie menu can be found at Subways and if you just want a slice and a Coke rather than a sit down Italian meal, try Mario's Pizzeria for some excellent food.

For those students who find themselves 'on the fly' during common hour, attending meetings or participating in other activities, there are snack and beverage machines in every student lounge in the school, but more substantial lunches and dinners are always available in the area.

For anyone who has been at St. Joe's for more than a few weeks, most of the aforementioned restaurants are very familiar, but to the incoming freshman class, a few minutes of exploration will reveal dining possibilities previously unthought of.



St. Joseph's Dedicated Cafeteria Staff



MUSICAL NOTES

By John Castaldo

THESE OLDIES WILL ALWAYS BE GOODIES

It's a new term, but let's talk about old time rock and roll. The impact of rock and roll upon American culture was astounding when it was first heard in the 1950s.

It was a music that dared to combine 'black' rhythms and harmonies with the phrasings of white groups and soloists. In fact, in its earliest incarnation, rock and roll was known as 'race' music.

So shocked was the religious right by these new sounds that they went so far as to brand it 'satanic' and many community and church leaders called for it to be banned.

In the glory years of the beginning of rock and roll, a number of key performers stand out. First and foremost was, of course, Elvis Presley—the fittingly named "King of Rock and Roll." He mixed country/western music with R & B and came out with a song like "That's All Right." He took the nation by storm with his new sound, hip gyrations, and smoldering sexuality.

Hits such as "Heartbreak Hotel" and "Jailhouse Rock" established him as the first real superstar of the genre.

He would go on to crossover into film and musical styles such as gospel, standards and folk.

Clearly, without Elvis Presley, the rock and roll movement would not have gained momentum and might have ultimately petered out.

Along with Presley, there stood Jerry Lee Lewis, "The Killer," whose piano playing became the standard of rock piano for years to come. Hits like "Whole Lotta Shakin'" and "Great Balls of Fire" influenced such greats as John Mellencamp.

In a touch of irony, Lewis' cousin was the minister and evangelist, Jimmy Swaggert, who once told him he was going to hell because he refused to repent for playing rock and roll. Lewis' reply? "Well if I'm goin' to hell, I'm goin' playin' the piano."

Richard Penniman—Little Richard to his fans—was another early superstar of rock and roll. His biggest hit was "Tutti Frutti," a song that was written with vulgar lyrics but was cleaned up to get airplay. It became a #1 hit.

Other songs like "Long Tall Sally" and "Good Golly Miss Molly" were later covered by singers such as Pat Boone and The Beatles, who covered "Long Tall Sally" on one of their first albums.

Chuck Berry, arguably the greatest rock and roll guitarist of all time, influenced numerous artists like The Rolling Stones, Eric Clapton and George Thorogood.

Clapton, one of the titans of the rock guitar, stated that all of today's guitar riffs can be traced back to those of Chuck Berry.

Best known for "Johnny B. Goode," he recorded a musical documentary entitled *Hail! Hail! Rock n' Roll* in the 1980s in which he played his hit songs while accompanied by a backup band led by Keith Richards of the Rolling Stones, and sang with other performers such as Etta James, Julian Lennon, Linda Ronstadt, Eric Clapton and Robert Cray.

My own personal favorite? Roy Orbison. Not the most dynamic performer, and more a balladeer than a rock and roll singer, but he had a wonderful singer's voice.

His biggest hit was "Oh, Pretty Woman," but some of his other songs were just as good: "Only the Lonely," and "Blue Angel."

Orbison had a wonderful falsetto range and an ability to tap the emotions of his audience. He influenced Dylan, Springsteen, Tom Petty, Bonnie Raitt and even George Harrison.

I encourage you all to give a listen to some of these early great performers of rock and roll. Their music is timeless and unlike much of today's music, their's won't fade away into the musical abyss.

For those who've "Gotta Dance"

By Michelle Graziano

Music, lights and excitement equal dancing, and for those who like to dance, St. Joseph's College offers plenty of opportunities like the Dance Team and Dance Club.

The St. Joseph's College Dance team is an organization of approximately 20 girls. The Dance Team is featured at all the men's and women's basketball home games, performing at half time for the crowd.

Additionally, the team has performed before professional sports events like WNBA Liberty games at well-known places such as Madison Square Garden, Radio City Music Hall, and Continental Airlines Arena.

Over time, the Dance Team has grown in both size and style. At first, it was merely a cheering squad, but it metamorphosed itself into a dance team relying upon a huge amount of choreography reflective of today's musical tastes.

The moderator of the Dance Team is Jaime Vacca, Assistant Director of Student Services. She has added her own choreographic style to the team and lets it evolve along with the musical styles that it relies upon to accompany dances.

The Dance Team performs in games beginning in November and the season generally runs through the middle of March.

In addition to its performance schedule, the Dance Team holds fundraisers such as bake sales and they have sponsored campus events such as the Hip Hop Workshop and Midday Madness.

They have also sponsored off-campus events in support of causes such as the fight against breast cancer.

The Dance Club rejoined the roster of St. Joseph's College extracurricular activities two years ago. The moderator of the club is Stacey Temple who is also one of the group's choreographers.

The club's performances have grown in number and variety. Last year the group had two major dance recitals, one in the fall and one in the spring which were held both during common hour and at night.

No dance experience is required to join the Dance Club. It is about having fun, learning new styles of dance and sharing talents with other members.

During the two major dance recitals each year, a variety of styles are

on display. Showcased are duets, solo pieces and group numbers, all choreographed by the club members or Stacey Temple.

Guest choreographers have also worked with the group including Julian Thorn and Jaime Vacca.

Some of the dance styles presented at the club's shows include Irish, African, modern, ballet, hip hop, tap and jazz.

Club practices are held once a week, usually for three hours. Other practices will depend on which numbers are selected for shows. Those rehearsals are usually worked around class schedules.

The Dance Club also sponsors on-campus events such as the Capulli Mexican Dance Theatre, Black History Month and it was a part of the International Week celebration.

An off-campus event sponsored by the group along with the Dance Team was the AIDS Dance-a-Thon.

Students interested in dance at St. Joe's should visit the club table at the annual Back-to-School Barbecue and Club Fair where members and moderators will be present to provide more information.

**LIKE TO WRITE?
JOIN THE NEWSPAPER OR
YEARBOOK STAFFS TODAY!
FOR INFORMATION COME TO
ROOM 607 ST. ANGELA HALL**

Parking Tags Cut Stress and Summonses

By John Castaldo

It's the first day of school, you've even arrived 20 minutes early to make a good impression but wait—there's the signpost up ahead! You've entered—the “Alternate Side of the Street Parking Zone!”

Welcome to Brooklyn, and learn to deal with it, take public transportation, or transfer to the University of Iowa where they have plenty of cornfields to park in.

Welcome to the Twilight Zone known as parking restrictions at St. Joseph's College.

Oh, you were told at open house and in various letters that parking would be available to you at the college, and if not exactly on the same block at school, then certainly no further away than nearby Queens.

Just kidding, any student can get parking near the school. On the first day of classes each semester, the

school sells parking tags for those students who commute to school by car.

But there's a catch: the tags do not guarantee a spot in the parking lot, located on Vanderbilt Avenue, but they do give permission to use the lot when space is available.

Remember: not every student at St. Joe's is on campus every day, nor do all of them commute by car. The schedules for students vary wildly and Friday has proven to be a particularly convenient day for on-campus parking.

The cost of a parking tag is \$50.00. It is recommended that students arrive early on the first day to get a bracelet, which guarantees that you will get a tag which will be put on hold for 48 hours.

The tag sale takes place in the auditorium of Tuohy Hall (commonly called the 245 building). On that day, the build-

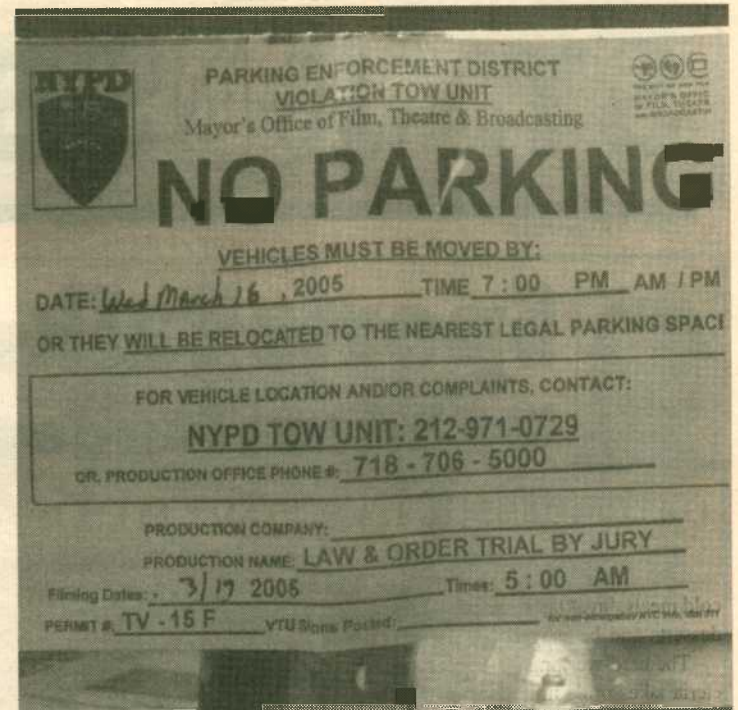
ing will open at 6:30 AM, so it is suggested that students beat the rush by arriving at the building by 6:00 AM.

In order to purchase a tag, a student will need an ID card, a Driver's License, Automobile Registration and a \$50.00 check or money order made payable to St. Joseph's College (cash is also accepted).

Should the parking tags be sold out, students may add their names to a waiting list. Many wait-listed students wind up getting tags, but those tags may be used only on specific days and at specific times.

Additional parking is available to students at the Armory Garage, also on Vanderbilt Avenue, at a cost of \$5.00 per day.

Any students with questions about parking should see Director of Student Services Sherrie VanArnam in Room 102 of Tuohy Hall.



Beware the Pink Signs Indicating Filming is Going On

Fashion Club Begins Second Year

By Euphemia Misori

The administration, faculty and staff of St. Joseph's College takes care of most of the needs of the student body, but some things are left up to the students themselves.

One of these things involves the areas of fashion: what is appropriate, what is in, what is useful to students in pursuit of jobs or careers.

For this reason, last year the Dress for Success Club came into existence to address the often confusing ideas that students have about how they should look for a variety of occasions.

The club is a meeting place for the fashion-minded students on campus and for those who need advice about how they should look, for example, on a job interview.

Last year, the Dress for Success Club mounted both a fall and a spring fashion show featuring the stylings of local designers and utilizing club

members as models for the latest fashions available.

Proceeds from the fashion show are all given to charitable organizations. For example, last year, the club raised money for Hope Worldwide AIDS Foundation and for St. Jude's Children's Research Hospital of Memphis, Tennessee.

The club also collaborated with the Dance Team, Heritage Gallery and Science Club to celebrate Black History Month.

This year, with virtually all of its members returning, the club hopes to recruit incoming freshmen during orientation and club sign-up days.

With more students in the club, it is hoped that additional ideas will be generated for campus projects and other fundraisers.

There are no restrictions on membership; the club is open to students of any ethnic background, race,

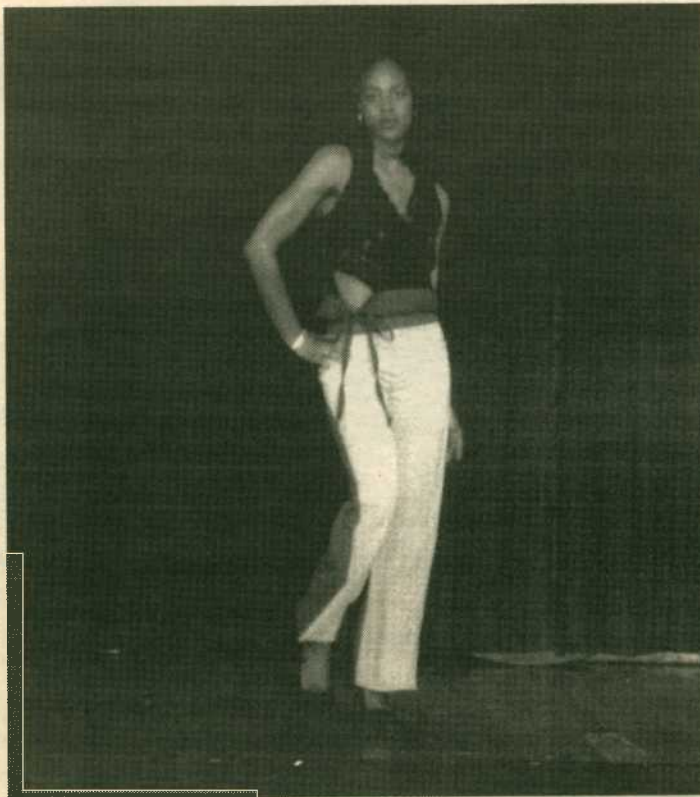
size, height, weight, sex, personality or religion.

Beginning last year, a fashion column also appeared in each edition of *The Spirit* offering students advice on subjects like dressing for job interviews, how to look your best when choosing bathing suits, what clothing was appropriate to wear to school and many other subjects.

The column will once again appear in *The Spirit* for the 2005-2006 school year.

The club was also considering inviting notable fashion designers to speak during common hour to discuss the fashion industry and employment possibilities in it.

Any student interested in information about the Dress for Success Club can leave an inquiry in the club mailbox in Room 101 of Tuohy Hall. E-mails can also be sent for club information to sicfashionclub@yahoo.com



Anne-Kenya Dubuisson Models at Fashion Club Show

Peer Counselors Help Freshmen Make Transition

By Gurjit Singh

Isolation, fear, intimidation, awe—all words not unfamiliar to freshmen during their first few days on a college campus.

To assist them in the transition process from high school student to undergraduate, the Peer Counseling Program was created.

Peer Counselors are upper class students who volunteer their time to help new students by advising them, befriending them, and giving them vital information about life at SJC.

The students are chosen as Peer Counselors because of their reliability, friendliness, and involvement in extracurricular activities.

"The Peer Counselors are an essential part of the orientation process," said Director of Student Services Sherrie VanArnam.



ARTSCAPE BY ERIN DORSO

LOTS OF ART OPPORTUNITIES ON CAMPUS

It is the beginning of the new school year and I would like to welcome all the new freshmen as well as all the students returning to St. Joseph's College. As the Arts Columnist for *The Spirit*, each month I will be exploring the world of the arts as it occurs in the city, the nation and the world.

But for this month's column, I would like to talk about the many and various outlets for the arts available right here on the St. Joe's campus.

Two of the newest clubs on campus involve the arts: the Choral Society and the Jazz Ensemble.

The Choral Society is moderated by Fr. Gilvey and directed by Lynn Portas. Last year, the Society performed at several masses, common hour activities, and sponsored the first Cabaret Night in April.

The Jazz Ensemble began in the spring term and it also performed at Cabaret Night. Moderated by Professor Bernardyn, the Ensemble plans on staging its own concert in the spring term. It is also seeking musicians who play instruments such as saxophone, trombone and trumpet to join its ranks.

For those who follow the terpsichorean bent and are dancers, St. Joe's has both a Dance Team and Dance Club. The team performs at athletic events and the club gives a recital each fall and spring.

The club also holds workshops during common hour

where students can learn various styles of dance like hip-hop and swing dancing.

For those whose calling is the stage, consider joining Chapel Players. St. Joseph's resident acting company has mounted productions of such plays as *Lend Me A Tenor*, *Moon Over Buffalo*, *Comic Potential*, and *All in the Timing*.

Directed by Tom Hoefner and moderated by Jaime Vacca, Chapel Players also stages a workshop every year where its members can showcase their other talents.

For the fall production, Chapel Players is considering a variety of properties including a Shakespearean play or a musical.

The Art Club is moderated by Professor Jane Beckwith. The club sponsors various gallery events during the school year. Some are showcases for student talent and others are the work of professional artists or members of the faculty including "The Madonnas of Europe" and "American Country Life."

Students with ideas for other clubs involving the arts are invited to bring their suggestions to the Office of Student Services in Tuohy Hall.

But whether you want to sing, dance, act, create, or play an instrument, there is a place for you at St. Joseph's College.

I look forward to seeing many of our readers involved in the arts this year. And I will see you all next month with more news of the art world.

ST. JOSEPH'S SPORTS



Sports Talk By Adam Mace

COLLEGE FOOTBALL TEAMS TO KEEP AN EYE ON

Hello sports fans! Welcome back to another great year at St. Joseph's College. Each edition, I will be offering my opinions and observations on the world of sports—and a wide world it is.

Since it's September, how about we start with college football? By this time, everyone has had a shot at picking the preseason Top Ten collegiate football teams, but I've spent my summer doing some investigating on my own, so I've come up with a list of teams that you'll want to keep your eye on.

Any one of these squads can make it to the big bowl game in January and get crowned with the mythical National Championship.

Okay, let's go bowling!

Northeast Texas Southern University gets our nod for its first entry into the Top Ten. The aptly nicknamed "Navigators" of this geographically challenged panhandle school spend most of their time wandering around the state of Texas looking for their own campus, but the addition of freshman Freddy "Wrong Way" Wilhooski should finally put them on the map. Somewhere.

Bagel State Seminary is next up for consideration as a Top Ten squad. The "Hoo Ha's" can't start their games until after sunset on Saturdays and most of their competition is already long drunk, so they should do well in conference play. Coach Ken "The Kvetch" Schoenfeld has moved to a nickel package in the defensive backfield which will help out middle line-backer Heshy Waldorp, a pre-season All-American in most polls.

Peachtree Community College out of Harumph, Georgia, "The Biggest Little School in Southwest Georgia," is fully loaded. The "Migrants" have gone co-ed this year and 278 pound guard Marsha Sue Shpong should anchor an offensive line that is proud of the fact that it never bathed once during the '04 campaign. Truly, an offensive threat.

Simcox County Polytech and Agricultural Institute out of Benzene Ring, Iowa, has recruited the only 8 Iowa high school senior

who scored over 700 on the most recent SAT. Their cheerleading squad, of "Hey, Hey, Ho, Ho, We're as Smart as Avogadro" fame, is proud of its col-

lective 275 IQ (there are 23 members). Keep your eye on the "Nerds" slide-rule offense this year.

The "Suntanners" of **New Mexico Restaurant and Oral Hygiene Academy** in Paba, New Mexico play in the hottest stadium in America. Average temperature at game time is 121 degrees. This gives them a real home field advantage, especially since they have 3 non-conference games against Minnesota, Wisconsin and Saskatchewan schools. Aptly named "Tohellwith U. by it's sun-poisoned student body, the Tanners look to finish atop the Solar Conference standings.

University of Phoenix Online has a can't miss program. All games are 'virtual' and are played on a Cray 2230B Mainframe. The considerable savings in uniform and equipment costs has enabled the school to funnel countless millions of dollars into additional marketing ploys. As they say at UPO, "Go Mousemen!"

Sophia Willington School of Secretarial Studies is ready to challenge the big boys on their home turf. It's amazing how many male students attend this school. The defensive line averages 126 pounds—but they're nasty as hell and aggressive to boot. Returning defensive ends Pip Smith and Ruth Corona have been known to jab nail files into....well, moving on....

And finally, my choice for the National Championship—**Bob Jones University**. I mean, come on; they only accept players who were named after Old Testament Prophets. The coaches are all ordained ministers (\$650 by mail, check or money order only), and the mascot looks suspiciously like the Reverend Billy Graham. They even say in the recruiting brochure, "The Big Guy is on Our Side." With support like that, who could hope to beat them?

So there it is, my friends. My big picks for another big year of college football. Of course, there could be some dark horse teams that surprise even me, like **Hostos Community College**, **Zurich School of Yodeling**, **Bowery Barber College**, and the athletically challenged **NY**

Chiropractic College to name but a few.

We'll know by Week 3 of the season if it plays out the way I called it or if it will be another year of upsets. See you next month!

Lady Bears Aim to Defend Volleyball Title

By Christina Ament

Recruit, rebuild—repeat? Having won the 2004 Hudson Valley Conference Championship for the first time, defending their title becomes Job 1 for the Lady Bears. Is it in the realm of possibility?

Head Coach Michael Schoeber along with his assistants, Mario Tang and Slywia Parzych, all think that a repeat is very possible.

Shortly after the 2004 season ended on November 6, Coach Schoeber began making plans for the new season. He has coached varsity volleyball for 14 years, the last 4 at St. Joseph's. He also hosts a volleyball club throughout the year, so this is a man fully committed to his sport.

He and his staff used the off-season to institute a large scale recruiting effort for new talent to restock the team for the 2005 season.

Coach Schoeber, his assistants, and former St. Joe's player Anna Dawidowska, have communicated with ten top players from various area high schools in an effort to recruit them for the Lady Bears.

"I don't know how many girls have actually committed to St. Joe's,"

said the coach, "but some have filed applications and others are still making their decisions," he added.

The thrust of the recruiting was to obtain position players such as hitters, setters and defensive specialists. One of his main goals, however, was to replace the seniors who graduated in 2005. Kathleen O'Neill, the team's only setter, and Lisa Hourigan, a specialist in left court hitting both have graduated, and they will be difficult to replace.

Coach Schoeber is also looking to expand the size of the squad. The 2004 team had just 7 players and he would like to carry as many as 12 or 13 for 2005.

The coach noted that although last year's team had quality—quality enough to win the conference crown, "the team had five girls that played on a college team for the first time."

Their experience with college rules and regulations was limited by their inexperience.

With one year's campaigning under their belts, last year's newcomers should serve as the nucleus for the 2005 team. Players such as Carol

Jeanne (CJ) Kavanaugh, Magdalena Wiecek, Marzena Stadnicka and Svetlana Medvedeva were all crucial in the race for the title.

"These girls can only improve," said Coach Schoeber "and that will hopefully enable us to repeat, defend our title and improve," he added.

Confidence amongst the returning varsity players is high. "I really enjoyed my first year of varsity play," said Svetlana Medvedeva "and of course, winning the championship made all the hard work worth it," she added.

Though the 2005 varsity volleyball season begins during the first and second weeks of September, the team began workouts and practice sessions in late August.

But even though the season starts early, the coaching staff wants it known that players can still try out for the team. They can be added to the roster after play begins.

Coaches, players and the St. Joseph's College community look to the new season with its chance for back-to-back championships with eager anticipation.

Girls' Tennis Team to Play Full Varsity Schedule in 2005

By Christina Ament

What's all the racket about? It's about the St. Joseph's Girls Tennis Team. After being in existence for a mere two years, the Lady Bears are ready to step up and take their place as a member of the Hudson Valley Athletic Conference.

The Lady Bears faced a schedule last year against tough teams like St. Elizabeth College, Bard College, Sarah Lawrence College and SUNY Purchase. This year, Athletic Director Frank Carbone says that the team will play a full schedule of 8 matches.

The question on everyone's mind from the coach to the newest players is: how will the Lady Bears fare against a full season of varsity competition?

With the graduation of seniors Kathleen O'Neill and Joanna Calibar, Coach Walter Sanchez will rely upon his under classmen to pick up the slack.

Returning players such as Jill Spinosa, Tara Deahn, Kristin Healy, Annemarie Ciociari and Michelle Softy, all now experienced varsity players, are expected to bring maturity and balance to the team.

Incoming students are invited to inquire about joining the team at the Sports Information Office on the lower level of Tuohy Hall.



Volleyballers Hope to Defend their HVAC Title

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COME TO THE SPORTS INFORMATION OFFICE
IN TUOHY HALL TO FIND OUT MORE**